

## Welcome to Holy Cross Parish

More Parish Information in the "Exaltation" newsletter, found at the entrance of the church and on the website.

### Priests' Retirement Fund Parish Collection This Weekend

November 11 & 12, 2017

The *Priests' Retirement Fund* collection supports the archdiocesan program which provides elderly and infirm priests with the pension and health benefits they have earned after many years of service. We hope you will generously support this year's collection.

#### Mass Schedule

Date	Day	Time	Mass Intention
11 Nov	Sat	5:00 pm	Gary & Mary Pickard
12 Nov	Sun	9:00 am	For the People
		11:00 am	Maria & Francesco Nisi
13 Nov	Mon		No Mass Scheduled
14 Nov	Tue		No Mass Scheduled
15 Nov	Wed		No Mass Scheduled
16 Nov	Thu		No Mass Scheduled
17 Nov	Fri	6:00 pm	Adoration
		7:00 pm	Constantina V. Vultao
18 Nov	Sat	5:00 pm	John O'Neill
19 Nov	Sun	9:00 am	For the People
		11:00 am	Deceased Members of K of C

#### Christmas Mass Schedule

##### Sunday Mass on 4<sup>th</sup> Sun Advent

Sat. 23 Dec 2017 - 5:00 pm

\*\*\* Sun. 24 Dec 2017 - 10:00 am \*\*\*

##### Christmas Eve Masses

Sun. 24 Dec 2017 - 5 pm, 7:30 pm, midnight

##### Christmas Day Mass

Mon. 25 Dec 2017 - 10:00 am

Please note that the Parish Office will be closed from 10 November to 17 November.

#### Area Advent Confession Schedule

Holy Cross (Kemptonville)	Sunday December 10	3:00 pm
St. Mark (Prescott)	Sunday December 17	3:00 pm
St. Ann (Merrickville)	Sunday December 17	7:00 pm
St. Mary's (Chesterville) & St. Daniel's (South Mountain)	call Fr. Charles @ 613-448-3262	

#### FRIENDSHIP LUNCH

On **Friday**, Nov. 24<sup>th</sup>, the lunch will move to Holy Cross hall while St. John's prepares for their annual bazaar and our church will again host. Mark the date. Further details to follow.

#### Pray for those in need of healing

(To **add** or **remove** names see "**prayer for the sick list**" in Narthex)

Alice Ballerscheff, Albert Barbe, Fran Brauneisen, Bernie Charboneau, Huixia Chen, Ermelinda Chiarello, Debbie Dillon, Teresa Dupuis, Braeden Gallop, Joan Gaudaur, Corey Gilbert, Herbert Groenke, Judith Hurdman, Edward Karn, Ingrid Lebel, Fernande LeClair, Nathan Livingstone, Caillin Martin, Paul McGinty, Mary McKay, Sue McKechnie, Hilary Morey, Emily Nilsson, Sandy Robinson, Liz O'Rourke, Patricia Sawarna, Jovana Thompson, Colette Tracy, Wesley Tremblay, Linda Wichers, Rosalie Wiseman, Dennis Yakabuski

# Holy Cross Parish Sacrament of Reconciliation

**Sunday December 10, 2017 @ 3:00 pm**

## Examination of Conscience

- Do I recognize God's authority over my life, or do I follow my own agenda, fitting God in when it's convenient?
- Do my own ambitions or desires, my career, or any need for human respect, control my life, rather than God's authority and God's Word?
- Do I open myself to the love of God each day and recognize God in my life through daily prayer?
- Do I honor God by participating in the Eucharist each Sunday?
- Do I reverence God's name in my speech?
- Do I build up or break down relationships with members of my family, close relative, fellow-workers, house-mates, etc.?
- Do my words or actions reflect self-centeredness?
- Do I allow myself to be controlled by moods at home or at work?
- Am I angry, bitter, or resentful toward ANYONE? If so, how long have I harbored these attitudes?
- Do I hold a grudge, or am I unwilling to forgive ANYONE for anything?
- Have I forgiven everyone who has injured or offended me?
- Have I damaged anyone's reputation or dignity by gossip or by lies?
- Do I honor my parents, showing them proper respect and obedience?
- Do I honor those who have lawful authority over me: teachers, administrators, police or civil authorities, Advisors, etc....
- Do I give my mind or body over to lustful desires in any way?
- Have I been truthful in all my words as well as my actions?
- Have I abused my body, the temple of the Holy Spirit, through misuse of drugs or alcohol?
- Have I participated in the occult: fortune-telling, palm reading, astrology, or other superstitious activities?
- Are there any other areas in which the Holy Spirit is leading me toward repentance (troubling hurts that need healing; special areas of difficulty in my life)?
- Is there any other area in my life of which I am ashamed?

## Rite of Reconciliation

*Begin your confession by making the sign of the cross and greeting the priest:*

**"Bless me father, for I have sinned. It has been (how long since my last confession?) and these are my sins."**

### Confessing your sins

*Confess all of your sins to the priest.*

The priest will help you make a good confession. If you are unsure about how to confess or you feel uneasy, just ask him to help you. Answer his questions without hiding anything out of fear or shame. Place your trust in God, a merciful Father who wants to forgive you. Following your confession of sins, say:

**"I am sorry for these and all of my sins."**

### Penance and Act of Contrition:

The priest will assign you a penance and offer advice to help you be a better Christian. You will then say an Act of Contrition, expressing your sorrow for your sins.

### Act of Contrition

**My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.**

**Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.**

### Absolution

The priest, acting in the person of Christ, will then absolve you from your sins.

### Dismissal

The priest may pray a short closing prayer with you. He may also simply say, Go in peace to love and serve the Lord. Your response can be very natural ... a simple Amen, or **Thank You** ... Have a good day. Then go to spend some time in prayer considering your Penance.